

## HABITS—2 STARTING

- **Much of what you normally do isn't a result of conscious choices but a result of daily habits.**

*Now Daniel so distinguished himself among the administrators and the satraps by his exceptional qualities that the king planned to set him over the whole kingdom. Daniel 6:3*

*At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were unable to do so. They could find no corruption in him, because he was trustworthy and neither corrupt nor negligent. Daniel 6:4*

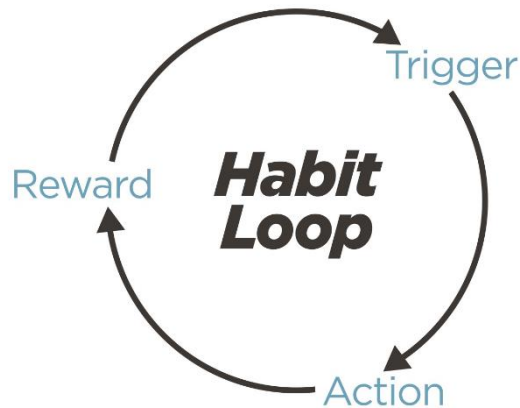
*Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before. Daniel 6:10*

- **Based on who you want to become, what one habit do you need to start?**

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### HOW TO CREATE A NEW HABIT



1. **Make it obvious.**
2. **Make it easy.**

- **I will do** \_\_\_\_\_  
**after I** \_\_\_\_\_.

*Do not despise these small beginnings, for the Lord rejoices to see the work begin ... Zechariah 4:10 NLT*